

January

2025

SOCCEED

(Systems of Care in Community Emergent Events and Disasters)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 Monthly membership meeting at 1 p.m. on Webex	22	23	24	25
26	27	28	29	30	31	

Happy New Year and welcome to 2025! I hope that everyone had a great holiday, and your new year is off to a fantastic start. Our theme for this year is “Health is Wealth.” For more information on this I would encourage anyone interested to look at the 2024 Recap/Plan for 2025 on our website. “Health is Wealth” was selected for a few reasons and one of those is simply that health unlocks the potential for so much. This could be mental and physical health or one of many other forms of health. When these pieces come together, the individual wins as does the community. Imagine a community with improved health

regardless of the form. Imagine what that makes possible versus the opposite. Our focus in the new year is on the different forms that health can take and promoting the achievement and sustainment of that.

To kick things off in January, we are further helping to prepare service providers for the many stressful situations they will encounter throughout the year so that they maintain their own respective well-being. Some of these mentioned situations will include disasters and emergencies of all sorts be it weather-related or something else. SOCCEED will bring to all of its members, a phenomenal training that will be incorporated into the first part of our January 21st meeting:

- Heroic Imagination Project:

HIP is an internationally known program (for more information please refer to: <https://www.heroicimagination.org>) HIP in part seeks to build capacity in responders from all types of disciplines to be empowered, increase their own resilience to secondary traumas, further develop crisis response skills, and more. **Ellie Jacques, HIP Trainer, Administration, and Board Member will be conducting a completely free of cost training to SOCCEED attendees.** This will focus on how to even better effectively manage the stressors and trauma experienced while providing services during disasters and emergencies and situations that may not be traditionally defined disasters but are for that particular family or community.

HIP is closely aligned with Suzanne Bernier's work (<https://www.suzannebernier.com/speaking-engagements> and <https://www.suzannebernier.com/services>). SOCCEED is pleased to welcome **Suzanne Bernier, Certified Emergency Manager (CEM) through the International Association of Emergency Managers (IAEM), as well as a Certified Business Continuity Professional (CBCP) through the Disaster Recovery Institute (DRI) and a Certified Crisis Management & Communications Professional (CMCP) to our January meeting.** Suzanne is an award winning and internationally recognized emergency management and business continuity consultant, instructor, and speaker who has worked closely with FEMA and is well known for a program called Stars of Hope. This program works with communities affected by disasters and other significant events. Suzanne was an intricate part of the response/recovery efforts to the Joplin Tornado in 2011. She further helped to found a "Disaster Heroes" award in dozens of Missouri schools that recognized the resilience of responders from all disciplines.

After these presentations, there will be time for updates and announcements from anyone who would like to share something for the good of the group. I will have a few of my own further pertaining to our activities in 2025. Thank you and I hope to see everyone at the meeting on January 21st. No worries if you cannot make the meeting because of other commitments, the recording will be available on our website by the following day!

Jennifer